

LEARNING HEART: Weekly Reflections

April 2011

Week 4 – The God Inside Us

There is a Christian teaching that will permeate many of our reflections for these weeks – the doctrine of ‘divine indwelling’, first of all in creation itself and then in each of us personally. The penetration of all creation by the love of God is an ageless doctrine and an endless experience. Like children lost in wonder at the excitement of each new discovery, many of us, deeply moved by Love’s revelation, are forever amazed at each glimpse of God’s extravagant gifts in the passing and the deepest experiences of the days and decades. We are called to recognise, in the ordinary and the strange, in the joy and the pain, in the straight and the twisted, the coming of the kingdom of God. This linking of the timeless with time, is according to T.S. Eliot, ‘the occupation of the saint.’

For this awakening of our hearts to happen, this vision of the way things really are, a new stillness must enter our lives. The recognition of the connections comes only with discipline and contemplation – when we wait, and trust, and hope . . . (*Year of the Heart: 1990*)