

## Daniel's Reflection for week beginning 28th January – Divine Promise

**'Speak to us of God' the almond tree was asked. And the almond tree blossomed**

There is a Love-energy within you that makes you blossom, that makes you shine. You already carry the blessed seeds of your own flowering deep within. Every human heart is full of divine promise and power. Your human experiences of joy in your life, courage in your pain, freedom in your fear, letting go in your resentment, staying truthful in a web of lies, fighting depression, staying faithful to your promises, growing younger in spirit as you grow older in years – they are all, somehow, experiences of the infinite Source of Life. When you pause to explore any moment in your days – the bright and dark ones – and sense the Presence of a Greater Love, then you are truly blessed. Your True Self is living out the deep mystery of finding a divine beauty in the most ordinary of things.

*It doesn't have to be the blue iris; it could be weeds in a vacant lot, or a few small stones. Just pay attention . . . (it) is the silence in which another voice may speak.'*

*(Poet Mary Oliver)*