

Week beginning 13th September **– The House - A contemplative prayer**

I come before you again today, O God of the Morning, O Sheltering God, with the words of St Paul to the Ephesians still in my heart. You are the 'cornerstone' of my house, of my spiritual journey. Everything must be 'aligned' on you. You are the spirit-level, the plumb-line, the set-square that puts me in 'right-relation' with my sisters and brothers, the flora and fauna, the four elements, the four directions, the earth itself and the universe it inhabits. You are not just another room in the building of my soul. You are the whole fabric, its atmosphere and its essence. Nor is anything else shut out by its doors and walls. I am a child of the universe and carry all of evolution within me. This dwelling of the Trinity houses the world. All of creation inhabits this house. That is why, since the Word became flesh, it is the real presence of God, the blessed sacrament of God's intimacy.

Only the house of matter can be the house of the spirit. All I ask of you, O Gracious Host, is to let me spend some time silently with you now, to contemplate this mystery, to be here as your unprofitable but profoundly precious servant; to do nothing but remain loving you, my Beloved; to dwell in the house of my Lord forever. (Ps23:6)

(Travelling Light pp204,205)