

2012

Week 21 - Let Divine Healing Possess you

From my own journey these days I come to understand more vividly the images used by Jesus about the transformation that happens when deaf people start hearing the music of life, when the miracle of sight is restored to those who are denied the beauty of the visible world, when the exhilarating power of movement stirs in still and restless limbs. Fleeting as those glimpses come and go, they bring an attitude of gratitude and humility to my shell-shocked soul.

So what am I learning these days? That divine healing will limitlessly take possession of my life only to the extent that I cease to rely on my own efforts. We are swimming in a sea of God. 'In God we live and move and have our being.' I must empty myself of all trust in my run-down batteries. What is called for is simple and honest (but strongly resisted) awareness of what is going on within me from moment to moment, action to action, reaction to reaction, thought to thought, feeling to feeling.

To seek the source of the negative emotion. To waste no time in remorse, regret or shame or guilt. Nothing can bind me except myself. Life is not binding me, only calling me into the flow that carries me to the ocean of freedom. Jesus has assured us that the entire power of the Universe lies within us. Therefore each morning I say, I unleash God's spiritual force within me. I am unfettered and unbound. There are no real limitations in my life, no false condition has any power over me. I am free in the spirit of Christ within me and by this spirit I will live my life today.

(Passion for the Possible p114)